Electron Beams: Physical Principles and Dosimetry

> Kent A. Gifford, Ph.D. Department of Radiation Physics UT M.D. Anderson Cancer Center kagifford@mdanderson.org

> > Medical Physics III: Spring 2015



Physical aspects

Electron Interactions w/matter (b >> a)



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Coulomb force on atom resulting in: Ionization (ejection of valence e-) Excitation Termed "soft" interactions

■

Electron Interactions w/matter (b ~ a)



Head on collision resulting in:



Ionization (ejection of e- w/ high K.E.) Ejected e- (δ ray) dissipates energy along its path Characteristic X-ray or Auger eproduced

Electron Interactions w/matter (b << a)



Electron Interactions w/matter (b << a)



Electron Interactions w/ matter Stopping power

$$\frac{1}{\rho} \left(\frac{dE}{ds}\right)_{coll} = 0.1535 \frac{1}{\beta^2} \left\langle \frac{Z}{A} \right\rangle \left\{ ln \left[\frac{\tau^2(\tau+2)}{2(I/m_e c^2)^2} \right] + F(\tau) - \delta - \frac{2C}{Z} \right\}$$

$$F^{-}(\tau) \equiv 1 - \beta^{2} + \frac{\tau^{2}/8 - (2\tau + 1)ln2}{(\tau + 1)^{2}}$$

$$\tau = \left(\frac{T}{m_e c^2}\right)$$

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•For what do the four terms in the brackets account?

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For what do the four terms in the brackets account?
First term- soft collisions
Second term- Möller (e-) or Bhabha (e+) scattering (hard coll.)

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•For what do the four terms in the brackets account?

- •First term- soft collisions
- •Second term- Möller (e-) or Bhabha (e+) scattering (hard coll.)
- •Third term- density effect

•Condensed medium stopping power reduced due to atoms closer to particle polarized and screen distant atoms from particle's electric field

Electron Interactions w/ matter Stopping power

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•For what do the four terms in the brackets account?

- •First term- soft collisions
- •Second term- Möller (e-) or Bhabha (e+) scattering (hard coll.)
- •Third term- density effect
- •Fourth term- shell correction

•Born approximation did not account for binding energy of electrons

 \equiv

$$\frac{1}{\rho} \left(\frac{dE}{ds} \right)_{rad} = \sigma_0 \frac{N_A Z^2}{A} \left(T + m_0 c^2 \right) \overline{B_r}$$









• How does S_{coll}/ρ depend on the interacting medium?

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 $\bullet Z/A$

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- $\bullet Z/A$
- -ln I

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 $\bullet Z/A$

• ln I

•Which is greater S_{coll}/ρ (Pb or Be) at 20 MeV?

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•Which is greater S_{coll}/ρ (Pb or Be) at 20 MeV?

• Be 1.623 MeV cm² g⁻¹ vs. Pb 1.277 MeV cm² g⁻¹

• How does S_{coll}/ρ depend on particle velocity?

- How does S_{coll}/ρ depend on particle velocity? -1/ β^2

• How does S_{coll}/ρ depend on particle velocity?

• $1/\beta^2$

•This is the reason for the steep rise in $S_{\mbox{coll}}/\rho$ and Bragg peak (Heavy ions)

• How does S_{coll}/ρ depend on particle mass and charge?

How does S_{coll}/ρ depend on particle mass and charge?
 None

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 None

 $\bullet z^2$

How does S_{coll}/ρ depend on particle mass and charge?
 None

 $\bullet z^2$

• What is the Range, R, of a charged particle?

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• Expectation value of pathlength, , until it comes to rest

• What is the projected range, <t>, of a charged particle?

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 \bullet Expectation value of farthest depth, $t_{\rm f}$, of the particle in its initial direction



• What is the CSDA range, of a charged particle?

Mev. cm

Electron Interactions w/ matter Energy deposition

•Assume parallel beam of e-, perpendicular to "thin" foil, Be

•Electron energy, 10 MeV

•Calculate average energy deposition in foil


•S_{coll}/ ρ for Be at 10 MeV = (1.527 MeV·cm²/g)(1.848 g/cm³) =2.905 MeV/cm • ΔE =(2.905 MeV/cm)(0.1 cm)= 0.2905 MeV



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•ΔE=(2.905 MeV/cm)(0.1 cm)= 0.2905 MeV
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•Delta rays escape the foil and for higher Z foils, bremsstrahlung

•How to rectify?



- •Actual answer = 0.262 MeV or an 11% overestimate
- •Why?
- •Delta rays escape the foil and for higher Z foils, bremsstrahlung
- •How to rectify? Add buildup to establish CPE
- •0.2905 MeV vs. 0.28 MeV, ~3% error or less



•Do all electrons lose an identical amount of energy when traversing foil?



Do all electrons lose an identical amount of energy when traversing foil?No, why?

•And what would the energy loss distribution look like?



•And what would the energy loss distribution look like?



Electron Interactions w/ matter Restricted Stopping power

– Restricted Mass Stopping Power $(L/\rho)_{\Delta}$:

$$\left(\frac{L}{\rho}\right)_{\Delta} = \frac{dE}{\rho dl} \qquad \mathbf{E} < \Delta$$

• AKA LET (linear energy transfer) or energy loss per unit path length (for local absorption not radiated away)

Electron beam characteristics

- Rapid rise to 100%
- Region of uniform dose (proximal 90% to distal 90%)
- Rapid dose fall-off
- High surface dose
- Clinically useful range
 5-6 cm depth



Electron beam characteristics- surface dose $6 \times 6 \text{ cm}^2 4 \& 20 \text{ MeV}$ e- beams on large H₂O tank



Electron Energy Specification

• E

ightarrow

- (the average energy of the spectrum)
- (most probable energy @ surface)
- **Ē**_z (

(average energy at depth z)



Electron Energy Specification

- Energy specification:
 - R_{50} depth of the 50% dose
 - R_p maximum range of electrons



Electron Energy Specification

| E _{nominal} | (E _p) ₀ | Eo |
|----------------------|--------------------------------|-------|
| (MeV) | (MeV) | (MeV) |
| 6 | 6.49 | 5.94 |
| 9 | 9.34 | 8.78 |
| 12 | 12.25 | 11.64 |
| 16 | 15.54 | 14.76 |
| 20 | 20.54 | 19.19 |

- Average Energy (E_{θ}) :

 $\overline{E}_0 = (2.33) R_{50}$

- Most Probable Energy $(E_{p\theta})$:

$$E_{p,0} = 0.22 + 1.98 \times R_p + 0.0025 \times R_p^2$$

- Energy (E_z) at depth z

$$\overline{E}_{z} = \overline{E_{0}} \left(1 - \frac{Z}{R_{p}} \right)$$

AAPM TG-25 Med Phys 18(1), 73-109 (1991)

MDACC 21EX

Determination of Absorbed Dose

- Calibration in water with ion chambers
 - ADCL-calibrated system
 - Cylindrical-chamber reference point located upstream of the chamber center by $0.5 r_{cav}$
 - Reference conditions 100 cm SSD for a 10×10 cm² field $d_{ref} = 0.6 R_{50} - 0.1$
 - Formalism:

 $D_w^Q = M k_Q N_{D.w}^{60} Co$

Depth-Dose Distribution

Dose is calculated from ionization measurements: $\begin{cases} M \times \left(\frac{\overline{L}}{\rho}\right)^{W} \times (\frac{\overline{L}}{\rho})^{W} \\ M \times \left(\frac{\overline{L}}{\rho}\right)^{W} \\$

• *M* is ionization

$$\% D_W = \left(\frac{\{M \times \left(\frac{L}{\rho}\right)_{air} \times \left(\Phi\right)_{air}^{W} \times P_{repl}\}}{\{numerator_{max}\}} \right) \times 100$$

- $\left(\frac{L}{\rho}\right)_{ar}^{ar}$ is the ratio of water-to-air mean restricted stopping powers
- $(\Phi)_{air}^{W}$ is the ratio of water-to-air fluence
- P_{repl} is a chamber replacement correction

Clinical aspects and dosimetry



• Surface Dose:

- Surface dose increases with increasing electron energy



Figure 14.10. Schematic illustration showing the increase in percent surface dose with an increase in electron energy. From Khan FM. Clinical electron beam dosimetry. In: Keriakes JG, Elson HR, Born CG, eds. Radiation oncology physics—1986. AAPM Monograph No. 15. New York, American Institute of Physics, 1986:211.

From: Khan

- Depth of the 80% Dose:
 - Equal to approximately $E_{nom}/2.8$:

| E _{nominal} | E _{nom} / 2.8 | Actual |
|----------------------|------------------------|--------|
| 6 | 2.14 | 2.20 |
| 9 | 3.21 | 3.30 |
| 12 | 4.28 | 4.30 |
| 16 | 5.71 | 5.50 |
| 20 | 7.14 | 7.00 |

- Depth of 90% is approximately $E_{nom}/3.2$

| E _{nominal} | E _{nom} / 3.2 | Actual |
|----------------------|------------------------|--------|
| 6 | 1.88 | 2.00 |
| 9 | 2.81 | 3.00 |
| 12 | 3.75 | 4.00 |
| 16 | 5.00 | 5.00 |
| 20 | 6.25 | 6.10 |

MDACC 21EX

• Practical Range:

- Equal to approximately 1/2 nominal energy:

| Enominal | E _{nom} / 2 | R _p |
|----------|----------------------|----------------|
| 6 | 3.0 | 3.15 |
| 9 | 4.5 | 4.58 |
| 12 | 6.0 | 6.04 |
| 16 | 8.0 | 7.66 |
| 20 | 10.0 | 10.13 |

- Energy loss is about 2 MeV / cm

MDACC 21EX

- X-Ray Contamination:
 - Increases with energy:
 - Varies with accelerator design
 - Defined as R_P+2 cm

| Enom | X-ray % | |
|------|---------|--|
| 6 | 0.7% | |
| 9 | 1.2% | |
| 12 | 1.9% | |
| 16 | 3.7% | |
| 20 | 5.9% | |

MDACC 21EX

- Accelerator design variations
 - Penumbra
 - X-ray
 Contamination



• Penumbral Effects:

- Low energies show expansion of isodose values

 High energies show constriction of high isodose values with bowing of low values.

Electron Beam Dosimetry Isodoses (6 MeV)



Electron Beam Dosimetry Isodoses (20 MeV)



Electron Beam Dosimetry PDD- effect of field size (6 MeV)



Electron Beam Dosimetry PDD- effect of field size (20 MeV)



Beam abutment



Electron Beam Dosimetry Beam abutment- electrons (6 & 20 MeV)



Beam abutment- electrons (6 & 12 MeV)



Beam abutment- electrons



Beam abutment- photon & electron (6 MeV & 6 MV)



Beam abutment- photon & electron (6 MeV & 18 MV)



Beam abutment- photon & electron (IMC & tangents)



- Obliquity Effects
 - Oblique incidence results in pdd shifts





Electron Beam Dosimetry Obliquity effects


• Field Shaping:

- Lead and/or Cerrobend is normally used
- Thickness should be sufficient to stop electrons:

$$t = \frac{E_0}{2} + 1$$

t = mm Pb $E_0 = Nom E (MeV)$

Lead / Cerrobend Recommended Shielding Thicknesses

(Thickness in mm to completely absorb electrons only)

| Energy | 6 MeV | 9 MeV | 12 MeV | 16 MeV | 20 MeV |
|-----------|-------|-------|--------|--------|--------|
| Lead | 3.0 | 4.4 | 6.1 | 7.9 | 10.1 |
| Cerrobend | 3.6 | 5.3 | 7.3 | 9.5 | 12.1 |

(Reference: AAPM TG - 25, Med Phys 18, 73, 1991.)

- Contour Irregularities:
 - Sharp contour irregularities result in hot and cold spots
- Bolus:
 - Place as close to skin as possible
 - Use tissue-equivalent material
 - Bevel bolus to smooth sharp edges



From: Khan

- Effects of inhomogeneities:
 - CET coefficient of equivalent thickness
 - The CET of a material is approximately equal to its electron density relative to water

$$d_{\rm eff} = d - z (1 - CET)$$

| Tissue | CET |
|--------|------|
| Lung | 0.25 |
| Bone | 1.65 |

From: Khan

3 cm

• **CET**:

- Sample calculation



| Tissue | CET |
|--------|------|
| Lung | 0.25 |
| Bone | 1.65 |
| | |

$$d_{\rm eff} = d - z (1 - CET)$$

For Lung:

$$d_{\rm eff} = 3 - 1 (1 - 0.25) = 2.25 \, cm$$

For Bone:

$$d_{eff} = 3 - 1 (1 - 1.65) = 3.65 \ cm$$

- Internal Shielding:
 - Used to protect tissues beyond treatment volume
 - Backscattered electrons produce "dose enhancement"



From: Khan (Note E in $\underline{M}eV$)

• Internal Shielding:

 Reduce the intensity of backscatter by introducing a tissueequivalent absorber upstream from the shield



From: Khan

Electron Beam Monitor-Unit Calculations

- Electron-beam monitor units (MU) are normally calculated to a point at d_{max} along the central axis
- A dose D_{Rx} that is prescribed to a point other than d_{max} , can be related to the d_{max} dose D_{dmax} through the precription isodose level %D:

$$Ddmax = \begin{pmatrix} DRx / 0 \\ 0 & 0 \end{pmatrix}$$

Electron Beam Monitor-Unit Calculations

• The MU setting (MU) that is necessary to deliver a dose Ddmax is a function of the electron beam's "output" (in cGy per MU) at the calculation point:

$$MU = \begin{pmatrix} D_{dmax} \\ O_{FS, SSD} \end{pmatrix}$$

• Here $O_{FS,SSD}$ is the dose output as a function of field size (*FS*) and distance (*SSD*)

Electron Beam Monitor-Unit Calculations

• For an electron beam calibrated such that 1 MU = 1 cGy at 100 cm SSD for a 10×10 field at d_{max}:



- Field-Size Corrections **OF**_{FS}:
 - Field-size corrections generally account for the aperture produced by two devices:
 - Cones or Applicators, and Customized Inserts
 - The field-size dependent output factor OF_{FS} can then be thought to consist of cone and insert output factors, OF_{CS} and OF_{IS} :

 $OF_{FS} = OF_{CS} \times OF_{IS}$

- Field-Size Corrections *OF_{CS, IS}*:
 - When used separately, cone factors, OF_{CS} , are normalized to the 10×10 (or 15×15) cone, and insert factors, OF_{IS} , are normalized to the open cone into which inserts are placed
 - Alternatively, they can be combined into a single factor, $OF_{CS, IS}$, that is normalized to the open 10×10 (or to the 15×15) cone :

$$OF_{FS} = OF_{CS} \times OF_{IS} = OF_{CS}$$
, is

- Field-Size Corrections $OF_{L \times W}$:
 - For rectangular fields, the field-size dependent output factor, OF_{FS} , is determined from square-field output factors using the "square root method". Thus, for a rectangular field L×W:

$$OF_{LxW} = \sqrt{OF_{LxL} \times OF_{WxW}}$$

- For example, the 4×12 output factor $OF_{4\times 12}$ is the square-root of the product of the 4×4 output factor, $OF_{4\times 4}$, and the 12×12 output factor, $OF_{12\times 12}$

- Distance (SSD) Corrections F_{SSD} :
 - The variation of electron-beam output with distance does not follow a simple conventional inverse-square relationship
 - Due to attenuation and scattering in air and in beam collimation and shaping devices
 - Distance corrections take two forms:
 - Use of an "effective SSD" that can be used in an inverse-square fashion
 - Use of an "**air-gap factor**" that can be used in addition to a conventional inverse-square factor

- Distance Corrections *SSD*_{eff}:
 - Assuming that an inverse-square relationship exists in which a reduced distance to a "virtual" source of electrons exists, then the distance correction, F_{SSD} is:

$$F_{SSD} = ISF_{SSD_{EFF}} = \left(\frac{SSD_{eff} + d_m}{SSD_{eff} + d_m + g}\right)^2$$

• where SSD_{eff} is the effective (or virtual) SSD and g is the distance (gap) between the "nominal" SSD (100 cm) and the actual SSD; d_m is the d_{max} depth

- Distance Corrections *SSD*_{eff} :
 - The "effective SSD" is a virtual distance that is utilized so that an inverse-square approximation can be used
 - Effective SSDs vary with energy and field size as well as with electron collimation design



- Distance Corrections f_{air} :
 - An alternative method of applying distance corrections utilizes a conventional inverse-square correction and an air gap factor, f_{air} , that accounts for the further reduction in output that is unaccounted-for by the inverse-square correction alone:

$$F_{SSD} = ISF_{SSD_{nom} + g} = \left(\frac{SSD_{nom} + d_m}{SSD_{nom} + d_m + g}\right)^2 \times f_{air}$$

• SSD_{nom} is the nominal (100 cm) SSD

- Distance Corrections f_{air} :
 - $-f_{air}$ also varies with energy and field size (it is derived from the same data set that can be used to also determine SSD_{eff})
 - For rectangular fields, as with any electron field-size correction, the square-root method is used:

$$f_{airLxW} = \sqrt{f_{airLxL} \times f_{airWxW}}$$

- Use of Bolus:
 - When bolus is used, the depth-dose curve shifts "upstream" by a distance equal to the bolus thickness (e.g. if 1 cm bolus is used, the depth of dmax shifts by a distance of 1 cm toward the skin surface)
 - The output at this shorter distance is:

$$O_{SSD, b} = O_{SSD} \times \left(\frac{SSD + d_m}{SSD + d_m - b} \right)^2$$

• where *b* is the bolus thickness in cm, and *SSD* is the nominal SSD

1. What energy beam is appropriate for the treatment of a lesion to a depth of 4 cm ?

2. What is the highest energy beam that can be used in a treatment situation to protect an organ-at-risk 6-cm deep?

1. What energy beam is appropriate for the treatment of a lesion to a depth of 4 cm ?

 $d_{90} = E/3.2 \rightarrow E = d_{90} \times 3.2 = 4 \times 3.2 \approx 12 \text{ MeV}$

2. What is the highest energy beam that can be used in a treatment situation to protect an organ-at-risk 6-cm deep?

$$R_p = E/2 \rightarrow E = R_p \times 2 = 6 \times 2 = 12 \text{ MeV}$$

3. Roughly, what is the energy of a 12 MeV electron beam at a depth of 5 cm?

3. Roughly, what is the energy of a 12 MeV electron beam at a depth of 5 cm?

$$E_{lost} = (2 Mev/cm) \times d_{cm} = 2 \times 5 = 10 MeV$$

$$E$$
 left = E initial - E lost = $12 - 10 = 2$ MeV

4. What is the monitor-unit setting necessary to deliver a dose of 200 cGy per fraction to d_{max} using 9 MeV electrons, 10x10 field, at 100 cm SSD?

4. What is the monitor-unit setting necessary to deliver a dose of 200 cGy per fraction to d_{max} using 9 MeV electrons, 10x10 field, at 100 cm SSD?

$$MU = \left(\frac{\left(\frac{D_{Rx}}{(IDL \%/100)}\right)}{(O_{10,100} \times OF_{FS} \times OF_{SSD})}\right)$$
$$MU = \left(\frac{200}{(1.0) \times (1.0) \times (1.0)}\right) = 200$$

5. What is the monitor-unit setting necessary to deliver a dose of 200 cGy per fraction to d_{max} using 9 MeV electrons, 6x10 field in a 10x10 cone, at 100 cm SSD?

5. What is the monitor-unit setting necessary to deliver a dose of 200 cGy per fraction to d_{max} using 9 MeV electrons, 6x10 field in a 10x10 cone, at 100 cm SSD?

$$OF_{LxW} = \sqrt{OF_{LxL} \times OF_{WxW}}$$

$$OF_{6x10} = \sqrt{OF_{6x6} \times OF_{10x10}} = \sqrt{1.003 \times 1.0} = 1.002$$

$$MU = \left(\frac{200}{(1.0) \times (1.002) \times (1.0)}\right) = 199.6 \to 200$$

6. What is the monitor-unit setting necessary to deliver a dose of 200 cGy per fraction to the 90% isodose using 9 MeV electrons, 6x10 field in a 15x15 cone, at 105 cm SSD?

$$F_{SSD} = ISF_{SSD_{nom} + g} = \left(\frac{SSD_{nom} + d_m}{SSD_{nom} + d_m + g}\right)^2 \times f_{ain}$$

$$F_{SSD} = \left(\frac{100 + 2.3}{100 + 2.3 + 5}\right)^2 \times \sqrt{0.978 \times 0.984} = 0.909 \times 0.981 = 0.892$$

$$OF_{6x10}^{15Cone} = \sqrt{OF_{6x6} \times OF_{10x10}} = \sqrt{0.997 \times 1.003} = 1.0$$

$$MU = \left(\frac{\binom{200}{90/100}}{(1.0 \times 1.0 \times 0.892)}\right) = \left(\frac{222.2}{0.892}\right) = 249.1 \rightarrow 249$$



Lt Infraclav Boost

| Machine | |
|---------------------------|------------------------|
| Machine | Varian 2100 |
| Energy | <mark>16e</mark> |
| Prescription | |
| Dose | <mark>150.0 cGy</mark> |
| Rx Isodose | 100 % |
| Parameters | |
| SSD | <mark>102.0 cm</mark> |
| Applicator | 15x15 |
| Eff Field Width | 12.0 cm |
| Eff Field Length | 9.0 cm |
| Eff Field Defined at | 100 cm |
| Skin Coll Correction | NO |
| Eff Skin Coll Width | 15.0 cm |
| Eff Skin Coll Length | 15.0 cm |
| Results | |
| MU/fx for this field | 157 |
| RTP MU/fx for this field | -N/A- |
| Difference (%) | -N/A- |
| Modifier Mode | Factor |
| Modifier Factor | 1.000 |
| Bolus | None |
| Electron Output Factor | 0.996 |
| Air Gap Factor | 0.995 |
| IVSQ Factor | 0.962 |
| Skin Coll Factor | N/A |
| Dmax | 3.4 cm |
| Depth: 100 % isodose (cm) | 3.4 cm |
| Depth: 90 % isodose | 5.0 cm |
| Depth: 10 % isodose | 7.8 cm |
| Monitoring | |
| Dose at Dmax | |
| Acceptable Range | |
| Diode/TLD Reading | |

| Varian 2100 Electron output factors | | | | | | | | |
|-------------------------------------|-------------------|-------|-------|-------|-------|-------|--|--|
| | 16 MeV 15x15 cone | | | | | | | |
| | Insert size | | | | | | | |
| SSD | 15 | 10 | 6 | 4 | 3 | 2 | | |
| 100 | 0.988 | 0.997 | 0.988 | 0.971 | 0.957 | 0.942 | | |
| 101 | 0.968 | 0.975 | 0.965 | 0.945 | 0.933 | 0.916 | | |
| 102 | 0.949 | 0.955 | 0.943 | 0.921 | 0.910 | 0.891 | | |
| 103 | 0.930 | 0.934 | 0.922 | 0.897 | 0.887 | 0.866 | | |
| 104 | 0.912 | 0.915 | 0.902 | 0.873 | 0.866 | 0.843 | | |
| 105 | 0.894 | 0.895 | 0.882 | 0.851 | 0.844 | 0.820 | | |
| 106 | 0.876 | 0.877 | 0.862 | 0.831 | 0.823 | 0.793 | | |
| 107 | 0.857 | 0.859 | 0.843 | 0.811 | 0.803 | 0.768 | | |
| 108 | 0.840 | 0.841 | 0.825 | 0.793 | 0.783 | 0.743 | | |
| 109 | 0.823 | 0.824 | 0.807 | 0.774 | 0.764 | 0.719 | | |
| 110 | 0.806 | 0.807 | 0.790 | 0.756 | 0.745 | 0.696 | | |
| 111 | 0.792 | 0.793 | 0.775 | 0.741 | 0.728 | 0.674 | | |
| 112 | 0.778 | 0.778 | 0.761 | 0.727 | 0.711 | 0.652 | | |
| 113 | 0.764 | 0.764 | 0.747 | 0.713 | 0.695 | 0.631 | | |
| 114 | 0.751 | 0.751 | 0.733 | 0.699 | 0.679 | 0.610 | | |
| 115 | 0.738 | 0.738 | 0.720 | 0.685 | 0.664 | 0.590 | | |
| 116 | 0.725 | 0.724 | 0.705 | 0.670 | 0.648 | 0.569 | | |
| 117 | 0.712 | 0.710 | 0.692 | 0.656 | 0.632 | 0.549 | | |
| 118 | 0.699 | 0.697 | 0.678 | 0.641 | 0.617 | 0.529 | | |
| 119 | 0.686 | 0.684 | 0.665 | 0.627 | 0.602 | 0.510 | | |
| 120 | 0.674 | 0.672 | 0.652 | 0.613 | 0.587 | 0.492 | | |